

Farina per polenta Bramata



A tradition of the Onsernone valley: flour "Bramata" for polenta. Produced since more than 30 years, this flour has a unique taste, due to its coarse milling (2mm sieve). Gluten free
Ingredients: stone-ground corn

Nährwerte pro	100 g
Energiewert	1590 kJ (379 kcal)
Fett	4g
davon gesättigte Fettsäuren	1g
Kohlenhydrate	64.8g
davon Zucker	1g
Eiweiss	11.5g
Ballaststoffe	8.8g
Salz	0.002 g